

**RIVERSIDE ANGLICAN CHURCHES**  
**QUESTIONS FOR DISCUSSION OR REFLECTION**  
**EPHESIANS 4:1-16**

1. What do you value most about your relationships with other Christians at our church? Where might there be room for improvement?

**Read verses 1-6:**

2. When is it hard to be humble and gentle? Why is the word “all” there in verse 2?
3. Why do you think “in love” is added to “bearing with one another” in verse 2? How is this different to simply tolerating each other?
4. Who unites the Christians into a body in verse 3? What will an eagerness to maintain the unity look like in practice?
5. Why does Paul list the particular “one-nesses” that the church body has in verses 4-6?

**Read verses 7-12:**

6. What is the gift that every Christian has? How is this gift related to walking worthy in verses 1-3?
7. Why are the people in verse 11 called gifts? What do they have in common?
8. Why do you think these people are particularly mentioned in this passage about unity in Christ’s body? How do they help the unity of the church? (hint: also see verses 13-14)
9. Who is to do the “work of ministry”? Is this the way you usually think about church? What is the “work of ministry” anyway?

**Read verses 13-16**

10. According to verses 13-16, what is God’s aim for the church?
11. Is that your aim for the church body? Why/why not? How would that be obvious from your life patterns and priorities?
12. According to this passage, how do we measure church growth?
13. Look through the whole of verses 1-16 and discuss the different things that help the church body grow?
14. What are you doing to help the church grow? Are there things you need to repent of in terms of your attitude towards Christ’s body?